



2ND HALF

SMASH YOUR BEST

2023

SKINS™

A photograph of three athletes in SKINS compression gear against a bright yellow background. On the left, a woman in a black and green SKINS top and shorts. In the center, a woman in a green SKINS long-sleeved top and leggings. On the right, a man in a green SKINS tank top and shorts, striking a powerful pose. The SKINS logo is visible on the athletes' gear.

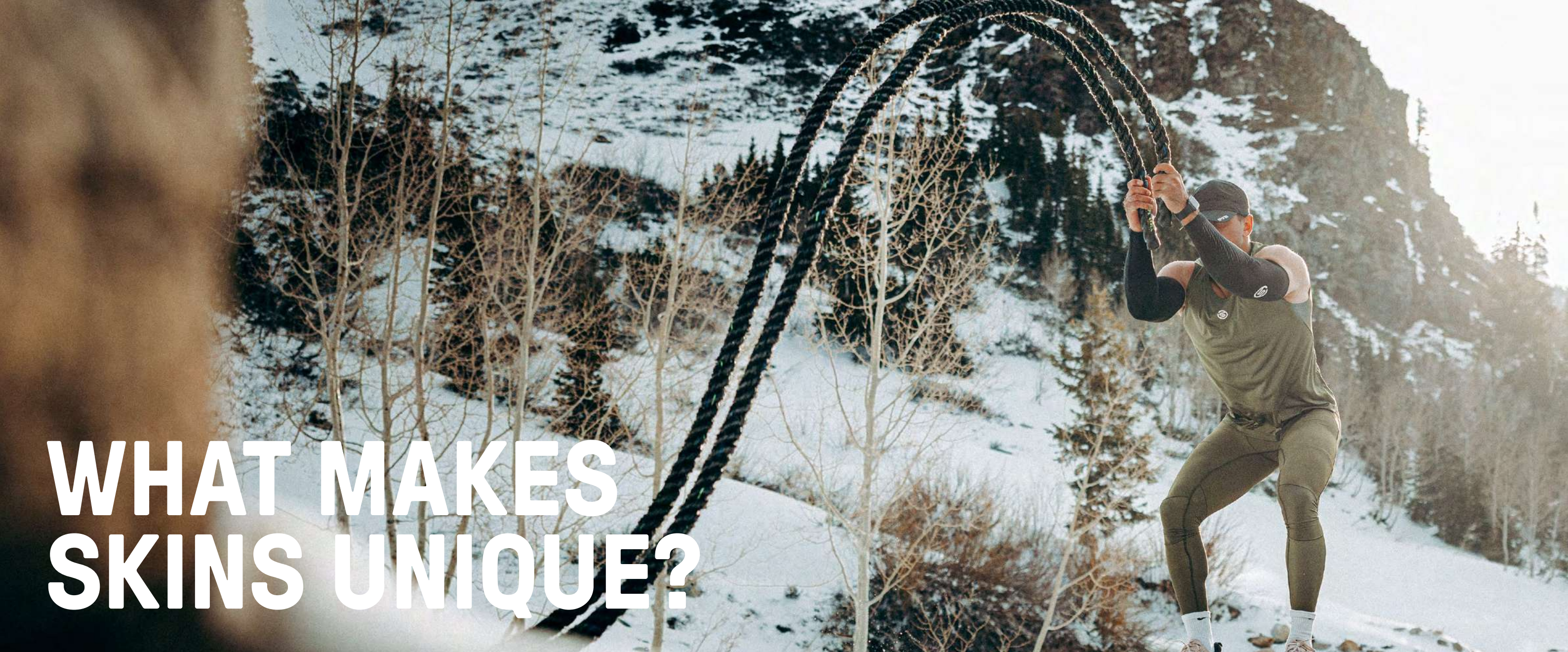
EVERY SPORT EVERY ATHLETE



SKINS is the original compression sports apparel brand.

SKINS compression sports apparel is the essential equipment that helps you perform better and recover faster - wrapping and protecting working muscles while accelerating muscle repair at rest.

SKINS excellence under pressure!



WHAT MAKES SKINS UNIQUE?

FUNCTION

PERFORMANCE ENHANCING

For longer lasting endurance at training and sporting events.

SECONDARY FUNCTION

POST-TRAINING RECOVERY

For muscle health and lymphatic wellness while training, post training and even while you sleep.

FORM

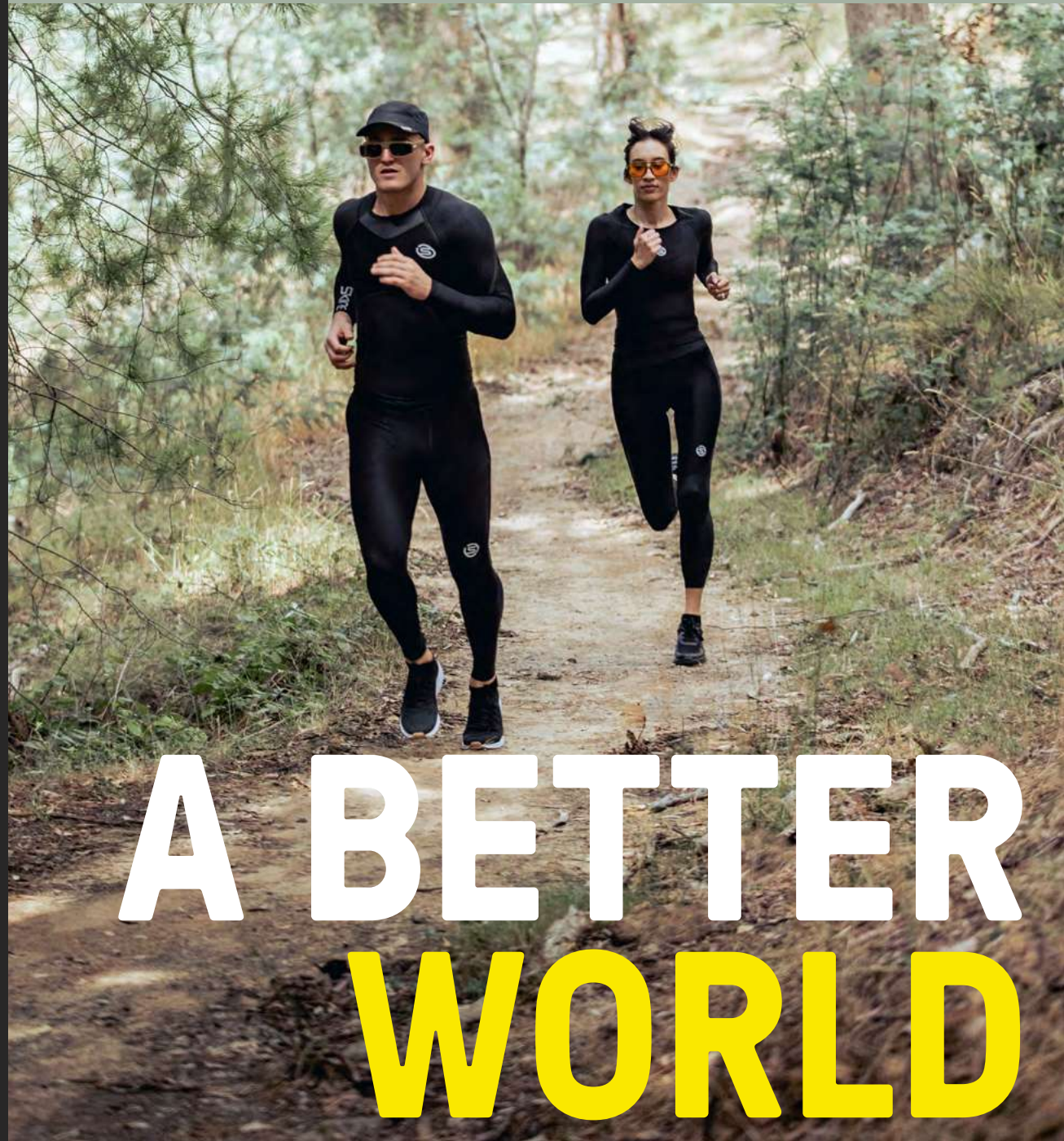
FLEXIBLE STYLE

Modern refined apparel and accessories for every day performance wear.

VALUE

PREMIUM COMPRESSION

Specialised in compression, invested in excellence.



A BETTER WORLD

THE NEW SERIES RANGES ARE 100% VEGAN.

Our products will carry the Peta Vegan certification so that the consumer can make an informed choice.

We're committed to contributing to a better future.

Together with our 100% recyclable packaging we are doing what is right.

EXCELLENCE

We are premium and sophisticated.
The best at what we do – as well
as clean, purposeful and technical
in both function and form.

UNCONVENTIONAL

We are unlike the masses,
challenging our frivolous market with
unique apparel always at the forefront
of technology and taste.

PERSEVERANCE

Our mission is to help inspire people
strive for the best results possible (both
competitively against others and more
importantly internally for themselves).



OUR VALUES

RANGE MATRIX



Since 1995 we have focused on high-end performance apparel fused with compression technology.

OUR MISSION?

Enhance the performance of every athlete in every sport in their pursuit of personal excellence.



SERIES 5

COMPRESSION	Highest Rating
AMBITION	Competitive edge in intense activities, i.e. Running, Lifting, Contact Sports
COMPLEXITY	10-13 Panels
FABRICS	Nylon 6.6 Warp Knit Base
TRIMS	Gold Reflective Seams and Logos

SERIES 3

COMPRESSION	Medium - High
AMBITION	Performance sport & training - all day compression, i.e. Running, Fitness, Lifestyle
COMPLEXITY	14 Panels
FABRICS	Nylon 6 Warp Knit Base
TRIMS	Silver Reflective Seams and Logos

SERIES 2

COMPRESSION	Medium
AMBITION	Squat Proof Workouts, All Day Compression
COMPLEXITY	4-6 Panels
FABRICS	Interlocked Recycled Polyester
TRIMS	Outlined Reflective SKINS logo and S Device

SERIES 1

COMPRESSION	Medium
AMBITION	Performance sport team - supporting active muscles, i.e. On-field and in training
COMPLEXITY	4-6 Panels
FABRICS	Polyester Warp Knit Base
TRIMS	White Logos, No Reflectivity



MENS COLLECTIONS



SKINS



SERIES 5

ULTIMATE PERFORMANCE

THIS IS OUR ELITE RANGE, A NEW GENERATION OF HIGH PERFORMANCE COMPRESSIONWEAR.

This range focuses on dynamic, explosive activities - sprinting, power lifting, crossfit, obstacle course racing, rugby, football etc. Anything where you need a strong wrapping of the muscles to form the foundations of the explosive movements.

The sophisticated panneling wraps the muscles, limiting damage from muscle vibrations and assisting the acceleration of blood back to the heart.

The result is a faster, fitter, higher performing you. Engineered to maximise performance in both competition and training.



SKINS™

RECOVER IN STYLE

DESIGNED TO REDUCE DELAYED ONSET MUSCLE SORENESS AND IMPROVE BLOOD CIRCULATION, SKINS SERIES-5 TRAVEL & RECOVERY TIGHTS OFFER OUR HIGHEST RECOVERY COMPRESSION PROFILE.

Perfect for downtime between training and competition, or travelling with maximum recuperation.

- 2-in-1 tights with over-short for comfort and modesty
- Our highest level of compression for enhanced recovery
- Premium twin pocket design
- Breathable and sweat-wicking four-way stretch fabric

This is our highest level of recovery garment to match the high intensity activities that the SERIES-5 compression has been designed for. This garment should be worn for 3-5 hours post training or competition.

Explosive activities, big lifts and the bumps and bruising of impact team sports, as expected, cause muscle damage and inflammation.

This garment accelerates recovery by assisting in the flushing of the muscles, reducing the negative effects of lactic acid and promoting the increase flow of blood to remove any damage done. This in turn reduces any negative effects of delayed muscle soreness (DOMS) which means you feel better sooner, recover faster and are physically and mentally ready to train and compete.

It is essentially a re-generation suit.

The 2-in-1 design of the overshoot allows the wearer to feel comfortable transitioning from the field or gym into the public domain and during travel with the key recovery equipment.

SERIES 5

T&R LONG TIGHT



ACCELERATES
CIRCULATION



ANTIMICROBIAL



MOISTURE
MANAGEMENT



SUN PROTECTION
FABRIC



REFLECTIVE



5 NEW KHAKI

SERIES 5 - MENS COMPRESSION T&R LONG TIGHT

Available Sizes: S, M, L, XL, XXL
Available Colours: KHAKI, BLACK

Designed to reduce Delayed Onset Muscle Soreness and improve blood circulation, SKINS SERIES-5 Travel and Recovery Tights offer our highest recovery compression profile. Perfect for downtime between training and competition, or travelling with maximum recuperation.

FEATURES

- 2-in-1 tights with over-short for comfort and modesty
- Our highest level of compression for enhanced recovery
- Premium twin pocket design
- Breathable and sweat-wicking four-way stretch fabric
- Gold reflective logos
- 76% Nylon 6.6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Travelling
- Downtime Between Training and Competition
- Cafés (socially acceptable recovery wear)
- Recovery from
- Ice Hockey, American Football, Football, AFL, Road Running, Trail Running, Track and Field



KHAKI - SF00500390573
BLACK - SF00500399001



KHAKI



BLACK



KHAKI



BLACK



- | | |
|--------------------|--------------------|
| NEW PRODUCT | HIGH COMPRESSION |
| NEW COLOUR | MEDIUM COMPRESSION |
| CARRY OVER PRODUCT | LIGHT COMPRESSION |
| CARRY OVER COLOUR | |

SERIES 5 - MENS COMPRESSION

POWERSHORTS

Available Sizes: S, M, L, XL, XXL

Available Colours: BLACK, NAVY

NAVY - SF00503039010

BLACK - SF00503039001

The name says it all. The SKINS SERIES-5 Powershorts are specifically designed to provide explosive performance in the first 4 seconds of your sprint or lift. A specially developed memory fabric offers targeted support to your glutes and hamstrings to facilitate bursts of acceleration.

FEATURES

- Unique memory fabric promotes explosive performance
- Our highest level of compression for reduced fatigue and increased performance
- Reflective logos and stitch seam
- Gold reflective logos
- 76% Nylon 6.6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Strength Training
- Long and Short Runs
- Powerlifting
- Ice Hockey
- American Football
- Football



NAVY - SIDE



NAVY - BACK



BLACK - SIDE



BLACK - FRONT



NEW PRODUCT

NEW COLOUR

CARRY OVER PRODUCT

CARRY OVER COLOUR

HIGH COMPRESSION

MEDIUM COMPRESSION

LIGHT COMPRESSION



SERIES 5

HALF TIGHT



ACCELERATES
CIRCULATION



REDUCES MUSCLE
OSCILLATION



ANTIMICROBIAL



MOISTURE
MANAGEMENT



REFLECTIVE

THIS IS OUR HIGHEST LEVEL COMPRESSION HALF TIGHTS.

It has been designed for explosive, dynamic activities such as sprinting, crossfit, OCR, powerlifting and the bumps and bruising of impact team sports that may cause muscle damage and inflammation.

We have added additional support in the major muscle groups in the quad and glute areas. By increasing the pressure and wrapping the major muscle groups, the garment provides a strong foundation for the body to perform dynamically.

The half tights assist the flushing of the muscles during activity, reducing the negative effects of lactic acid and promoting the increase flow of blood delivering more oxygen to active muscles. More oxygen means more power.

The compression also dampens and reduces muscle vibration from activity which can accelerate energy loss. Less muscle oscillation from vibration means the muscle is performing consistently and not eccentrically, causing energy loss to the athlete.

This garment also acts as a external structure over working limbs to assist in the motor mechanics of the body. The more tired an athlete gets, the higher the chance of injury as the movements break down. The compression helps maintain the efficient body movements of the athlete, for longer.

SUPERIOR PERFORMANCE

Half length tights designed for
High Intensity activity.

Our highest level of compression, offering firm support for the glutes, quads and hamstrings while reducing muscle oscillation, meaning you can go faster for longer.

Your new secret weapon when training,
competing or tearing up the track.

SKINS



SERIES 5 - MENS COMPRESSION HALF TIGHTS

Available Sizes: S, M, L, XL, XXL

Available Colours: NAVY, BLACK, KHAKI, CHARCOAL

Your new secret weapon when tearing up the track or smashing strength training. SKINS SERIES-5 Half Tights offer targeted compression support for major muscle groups, including glutes, quads and hamstrings. A reduction in muscle vibration and distortion during activity increases comfort to improve performance.

FEATURES

- Our highest level of compression for reduced fatigue and increased performance
- Elasticated internal drawcord provides heightened comfort and stability
- Mesh panelling improves breathability and doubles as a small pocket
- Reflective logos and stitch seam
- Gold reflective logos
- 76% Nylon 6.6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Strength Training
- Long and Short Runs
- American Football
- Football



NAVY - SF00500029010

BLACK - SF00500029001

KHAKI - SF00500010573

CHARCOAL - SF00500019118



NAVY



BLACK



KHAKI









CHARCOAL



- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR

- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION

 <p>ACCELERATES CIRCULATION</p>	 <p>REDUCES MUSCLE OSCILLATION</p>
 <p>ANTIMICROBIAL</p>	 <p>MOISTURE MANAGEMENT</p>
 <p>SUN PROTECTION FABRIC</p>	 <p>REFLECTIVE</p>

LONG SLEEVE PERFORMANCE

Long-sleeved top designed for High Intensity activity. Our highest level of compression focuses on the arms reducing damaging muscle oscillation and increases awareness of limb placement, enabling you to train longer and recover quicker.

For precision players.



SERIES 5

LONG SLEEVE TOP

This garment has been designed for explosive, dynamic activities such as crossfit, obstacle course racing, racquet sports, the bumps and bruising of impact team sports that may cause muscle damage and inflammation and any pursuit that produces force with the arms and shoulders.

We have focused on providing support in the forearm, bicep and shoulders. By increasing the pressure and wrapping these areas, the garment provides a strong foundation for the body to perform dynamically.

The long sleeve top assists the flushing of the muscles during activity, reducing the negative effects of lactic acid and promoting the increase flow of blood delivering more oxygen to active muscles. More oxygen means more power.

The compression also dampens and reduces muscle vibration from activity which can accelerate energy loss. Less muscle oscillation from vibration means the muscle is performing consistently and not eccentrically, causing energy loss to the athlete.

This garment also acts as an external structure over working limbs to assist in the motor mechanics of the body. The more tired an athlete gets, the higher the chance of injury as the movements break down. The compression helps maintain the efficient body movements of the athlete, for longer.

Mesh venting down the spine and in the lower half of the back allows for optimal temperature regulation when you are working hard.



CHARCOAL & KHAKI



SERIES 5 - MENS COMPRESSION LONG SLEEVE

Available Sizes: S, M, L, XL, XXL

Available Colours: NAVY, BLACK, KHAKI, CHARCOAL

Redefine your most intense sessions with SKINS SERIES-5 Long Sleeve Top. Enabling you to train longer and recover quicker across everything from gym work and obstacle courses to field and racket sports. Our highest level of compression is focused on the arms to maximise chest expansion and assist blood return to the heart while delivering essential support to the forearms and biceps.

FEATURES

- Our highest level of compression for reduced fatigue and increased performance
- Mesh panels on thorax and spine for maximum comfort, wicking and temperature regulation
- Reflective logos and stitch seam
- Gold reflective logos
- 76% Nylon 6.6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Racket Sports
- Obstacle Courses
- Track and Field
- Strength Training
- Ice Hockey
- American Football
- Football



NAVY - SF00500059010

BLACK - SF00500059001

KHAKI - SF00500050573

CHARCOAL - SF00500059118



NAVY



BLACK



KHAKI



CHARCOAL



- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR

- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION



SERIES 3

NEXT LEVEL

Designed for the dedicated athlete striving for new levels of excellence. Inspired by and developed from the patterns of our most successful design to date, SERIES-3 is the next generation of A400.

A must-have for those who demand more from themselves and strive for excellence under pressure.



SKINS™

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ALL-ROUND PERFORMANCE

Full length tights designed for Medium-High Intensity activity. Our signature tight offers a medium compression profile with firm support for the glutes, quads and hamstrings whilst reducing muscle oscillation, this is the workhorse of your compression arsenal.

Engineered to push you to the next level, you will run faster, you will recover quicker, you will excel under pressure.

THIS GARMENT IS BASED ON THE A400 TECHNOLOGY.

This garment is a runner's dream. We carried out a study with the University of Essex and these long tights improve running economy. This means that when the athlete is running at tempo (the sub-maximal range), the runner will either (1) run for longer or (2) self select a faster speed.

The running economy is improved because the athlete is more comfortable during activity. Apart from the assisted blood flow benefits with this technology, the additional factor improving comfort in this garment is the reduction in muscle oscillation. Muscle oscillation means vibration and when the legs strike the ground, 3 to 4 times the athlete's body weight of force is produced causing vibration. This is particularly strong in the calf muscle.

Muscle vibration saps the body of energy. Reduction of vibration means the athlete feels more comfortable during running which means that the runner goes for longer or runs faster.

This garment also acts as an external structure over working limbs to assist in the motor mechanics of the body. The more tired an athlete gets, the higher the chance of injury as the movements break down. The compression helps maintain the efficient body movements of the athlete, for longer.



ACCELERATES CIRCULATION



REDUCES MUSCLE OSCILLATION



ANTIMICROBIAL



MOISTURE MANAGEMENT



SUN PROTECTION FABRIC



REFLECTIVE

LONG TIGHT

SERIES 3

WORKHORSE



SERIES 3 - MENS COMPRESSION LONG TIGHT

Available Sizes: S, M, L, XL, XXL

Available Colours: NAVY, BLACK, KHAKI, BLUE GREY, CHARCOAL



NAVY - ST00300019010

BLACK - ST00300019001

KHAKI - ST00300010573

BLUE GREY - ST00300010575

CHARCOAL - ST00300019118

The real workhorse in your SKINS compression arsenal. Designed for a spectrum of medium-high intensity activity, our signature SERIES-3 Long Tights offer a medium compression profile with firm support for the calves, glutes, quads and hamstrings, whilst reducing muscle oscillation.

FEATURES

- Medium compression profile for everyday comfort and support
- Rear mesh pocket for breathability and storage
- Silver reflective logos
- 76% Nylon 6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Road Running
- Trail Running
- Strength Training
- Gym



NAVY



BLACK



KHAKI



BLUE GREY



CHARCOAL



- | | |
|--------------------|--------------------|
| NEW PRODUCT | HIGH COMPRESSION |
| NEW COLOUR | MEDIUM COMPRESSION |
| CARRY OVER PRODUCT | LIGHT COMPRESSION |
| CARRY OVER COLOUR | |

SERIES 3

T&R LONG TIGHT

RECOVER FASTER

Assisting with removing lactic acid from tired muscles, the SKINS SERIES-3 Travel and Recovery Tights are designed to be worn straight after activity for optimum results. Offering a medium recovery compression profile, they'll also help the body reduce fluid build-up during extended travel.

SERIES-3 is our running, fitness and lifestyle compression range. The SERIES is based on the A400 technology with tweaks in the waistband and panelling.

This recovery garment provides a medium level of compression to match the target activities of SERIES-3. This garment should be worn for 3-5 hours post training or competition.

This garment accelerates recovery by assisting in the flushing of the muscles, reducing the negative effects of lactic acid and promoting the increase flow of blood to remove any damage done. This in turn reduces any negative effects of delayed muscle soreness (DOMS) which means you feel better sooner, recover faster and are physically and mentally ready to train and compete.

Just like the SERIES-5 recovery 2-in-1 long tight, this is a re-generation suit for runners, athletes and those enjoying fitness activities.

These recovery tights can be worn comfortably under shorts, trackpants/trousers or on their own.



**ACCELERATES
CIRCULATION**



ANTIMICROBIAL



**MOISTURE
MANAGEMENT**



**SUN PROTECTION
FABRIC**



REFLECTIVE

SERIES 3 - MENS COMPRESSION

T&R LONG TIGHT

Available Sizes: S, M, L, XL, XXL
Available Colours: BLACK, NAVY, KHAKI, BLUE GREY, CHARCOAL



NAVY - ST00300399010
BLACK - ST00300399001
CHARCOAL - ST00300399118

Assisting with removing lactic acid from tired muscles, the SKINS SERIES-3 Travel and Recovery Tights are designed to be worn straight after activity for optimum results. Offering a medium recovery compression profile, they'll also help the body reduce fluid build-up during extended travel.

FEATURES

- Medium compression profile for everyday comfort and support
- Designed to reduce lactic acid build-up and the risk of Deep Vein Thrombosis
- Silver reflective logos
- 76% Nylon 6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Travelling
- Downtime Between Training and Competition
- Cafés (socially acceptable recovery wear)
- Recovery from (Ice Hockey, American Football, Football, AFL, Road Running, Trail Running, Track and Field).



9010 - NAVY



9001 - BLACK



9118 - CHARCOAL



- | | |
|----------------------|----------------------|
| ● NEW PRODUCT | ● HIGH COMPRESSION |
| ○ NEW COLOUR | ● MEDIUM COMPRESSION |
| ● CARRY OVER PRODUCT | ○ LIGHT COMPRESSION |
| ○ CARRY OVER COLOUR | |





**ACCELERATES
CIRCULATION**



ANTIMICROBIAL



**MOISTURE
MANAGEMENT**



**SUN PROTECTION
FABRIC**



REFLECTIVE



Just like the SERIES-3 half tights, the garments are based on the A400 technology. The difference with these garments is in the waistband area and in the construction.

The waistband utilises the body fabric that is folded just like the former A400 products.

The black/yellow colour is also visually linked to the A400 technology with the use of the yellow stitch and proudly displays logos on both quad muscles.

The black star colourway utilises a reflective 'muscle fibre' for that flash of light to identify the location of athletes when conditions are darker.

It is important to note that the use of the logo thermo-plastic (logo or muscle fibre print) on the muscle actually localises a higher compression level due to less stretch in that particular location. More pressure means less muscle vibration.

SERIES 3 HALF TIGHT

NEW
COLOURS

3

BLUE GREY / KHAKI / CHARCOAL



SERIES 3 - MENS COMPRESSION HALF TIGHT

Available Sizes: S, M, L, XL, XXL

Available Colours: NAVY, BLACK, KHAKI, BLUE GREY, CHARCOAL



NAVY - ST00300029010

BLACK - ST00300029001

KHAKI - ST00300020573

BLUE GREY - ST00300020575

CHARCOAL - ST00300029118

The real workhorse in your SKINS compression arsenal. Designed for a spectrum of medium-high intensity activity, our signature SERIES-3 Half Tights offer a medium compression profile with firm support for the glutes, quads and hamstrings, whilst reducing muscle oscillation.

FEATURES

- Medium compression profile for everyday comfort and support
- Side mesh panel pocket for smartphone storage
- Silver reflective logos
- 76% Nylon 6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Road Running
- Trail Running
- Strength Training
- Gym



NAVY



BLACK



KHAKI



BLUE GREY



CHARCOAL



- NEW PRODUCT
- HIGH COMPRESSION
- NEW COLOUR
- MEDIUM COMPRESSION
- CARRY OVER PRODUCT
- LIGHT COMPRESSION
- CARRY OVER COLOUR

THE SUPERPOSE COMBINE A GREAT SHORT OVER THE SERIES-3 HALF TIGHTS.

This garment offers great value and utility.

It has great utility with a zip pocket in the back shorts together with the mesh pocket on the side of the right leg ensuring the mobile phone is secure to track your activity.

These half tights support in the major muscle groups in the quad and glute areas. By increasing the pressure and wrapping the major muscle groups, the garment provides a strong foundation for the body to perform dynamically.

The half tights assist the flushing of the muscles during activity, reducing the negative effects of lactic acid and promoting the increase flow of blood delivering more oxygen to active muscles. More oxygen means more power.

The compression also dampens and reduces muscle vibration from activity which can accelerate energy loss.



**ACCELERATES
CIRCULATION**



**REDUCES MUSCLE
OSCILLATION**



ANTIMICROBIAL



**MOISTURE
MANAGEMENT**



REFLECTIVE

SERIES 3 SUPERPOSE SHORTS

SUPERPOSE, SUPER SHORTS

**2-in-1 half tights with over-short designed
for Medium-High Intensity activity.**

With our signature half tight at the core, the medium compression profile gives firm support for the glutes, quads and hamstrings whilst reducing muscle oscillation, just pull them on and you are ready to go.



SERIES 3 - MENS COMPRESSION SUPERPOSE

Available Sizes: S, M, L, XL, XXL

Available Colours: NAVY, BLACK, KHAKI, BLUE GREY, CHARCOAL



NAVY - ST00301079010

BLACK - ST00301079001

KHAKI - ST00301070573

BLUE GREY - ST00301070575

CHARCOAL - ST00301079118

The Superpose combine a great short over the SERIES-3 half tights. This garment offers great value and utility.

It has great utility with a zip pocket in the back shorts together with the mesh pocket on the side of the right leg ensuring the mobile phone is secure to track your activity.

These half tights support in the major muscle groups in the quad and glute areas. By increasing the pressure and wrapping the major muscle groups, the garment provides a strong foundation for the body to perform dynamically.

The half tights assist the flushing of the muscles during activity, reducing the negative effects of lactic acid and promoting the increase flow of blood delivering more oxygen to active muscles. More oxygen means more power.

The compression also dampens and reduces muscle vibration from activity which can accelerate energy loss.

FEATURES

- 2-in-1 tights with over-short for comfort and modesty
- Medium compression profile for everyday comfort and support
- Hidden mesh panel pocket with a second zip pocket at the rear
- Silver reflective logos
- 76% Nylon 6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Road Running
- Trail Running
- Strength Training
- Gym

● NEW PRODUCT

○ NEW COLOUR

● CARRY OVER PRODUCT

○ CARRY OVER COLOUR

● HIGH COMPRESSION

○ MEDIUM COMPRESSION

○ LIGHT COMPRESSION



9010-NAVY



9001-BLACK



0573-KHAKI









0575-BLUE GREY



9118-CHARCOAL



 <p>ACCELERATES CIRCULATION</p>	 <p>REDUCES MUSCLE OSCILLATION</p>
 <p>ANTIMICROBIAL</p>	 <p>MOISTURE MANAGEMENT</p>
 <p>SUN PROTECTION FABRIC</p>	 <p>REFLECTIVE</p>

SERIES 3 LONG SLEEVE TOP

ALL-ROUND PERFORMANCE TOP

ALL-ROUND PERFORMANCE TOP

Long-sleeved top designed for Medium-High Intensity activity.

Our mid-range compression profile focuses on the arms to reduce damaging muscle oscillation and increases awareness of limb placement, enabling you to perform with precision and train for longer.

Strategically placed mesh panelling improves air flow and moisture wicking.

This garment focuses on providing support in the forearm, bicep and shoulders. By increasing the pressure and wrapping these areas, the garment provides a strong foundation for the body to perform dynamically.

The long sleeve top assists the flushing of the muscles during activity, reducing the negative effects of lactic acid and promoting the increase flow of blood delivering more oxygen to active muscles. More oxygen means more power.

The compression also dampens and reduces muscle vibration from activity which can accelerate energy loss. Less muscle oscillation from vibration means the muscle is performing consistently and not eccentrically, causing energy loss to the athlete.

This garment also acts as a external structure over working limbs to assist in the motor mechanics of the body. The more tired an athlete gets, the higher the chance of injury as the movements break down. The compression helps maintain the efficient body movements of the athlete, for longer.

SERIES 3 - MENS COMPRESSION

LONG SLEEVE TOP

Available Sizes: S, M, L, XL, XXL

Available Colours: NAVY, BLACK, KHAKI, CHARCOAL, BLUE GREY



NAVY - ST00300059010

BLACK - ST00300059001

KHAKI - ST00300050573

BLUE/GREY - ST00300050575

CHARCOAL - ST00300059118

Perform with precision. Recover quicker. Our medium compression profile focuses on the arms to reduce muscle oscillation and increase awareness of limb placement. Strategically placed mesh panelling at the front, rear, and side improves airflow and optimises moisture wicking.

FEATURES

- Targeted compression for reduced fatigue and increased performance
- Mesh panels for maximum comfort, wicking and temperature regulation
- Silver reflective logos
- 76% Nylon 6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Road Running
- Trail Running
- Strength Training
- Gym



9010 - NAVY



9001 - BLACK



0573 - KHAKI



0575 - BLUEGREY



9118 - CHARCOAL



- | | |
|----------------------|----------------------|
| ● NEW PRODUCT | ● HIGH COMPRESSION |
| ○ NEW COLOUR | ● MEDIUM COMPRESSION |
| ● CARRY OVER PRODUCT | ○ LIGHT COMPRESSION |
| ○ CARRY OVER COLOUR | |





MENS SERIES 1

TRAINING DAY

Designed for the dedicated athlete striving for new levels of excellence. Inspired by and developed from the patterns of our most successful design to date, SERIES-3 is the next generation of A400.

A must-have for those who demand more from themselves and strive for excellence under pressure.

SKINSTM

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SERIES 1 - MENS COMPRESSION LONG TIGHT

Available Sizes: S, M, L, XL, XXL

Available Colours: BLACK, WHITE, NAVY, SKY BLUE, RED, BRIGHT BLUE

BLACK - S000100019001
WHITE - S000100019005
NAVY - S000100019010
SKY BLUE - S000100019006
RED - S000100019014
BRIGHT BLUE - S000100012041

Our medium compression full-length tights are engineered to maximise your output during lower-intensity activity and offer faster pre-workout muscle warm-ups. Firm support for the glutes, quads and hamstrings reduces muscle oscillation and fatigue for optimised performance.

FEATURES

- Engineered for efficient warm-ups and lower-intensity workouts
- White logos
- 77% Polyester, 23% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Team Sports
- Track and Field
- Long and Short Runs
- Strength Training
- Gym



9121 - BLACK



9121 - WHITE



9121 - NAVY



9121 - SKY BLUE



9121 - RED



9121 - BRIGHT BLUE



- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR
- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION

SERIES 1 - MENS COMPRESSION

HALF TIGHT

Available Sizes: S, M, L, XL, XXL

Available Colours: BLACK, WHITE, NAVY, SKY BLUE, RED, NEUTRAL (AU ONLY), BRIGHT BLUE



Our medium compression half-length tights are engineered to maximise your output during lower-intensity activity and offer faster pre-workout muscle warm-ups. Firm support for the glutes, quads and hamstrings reduces muscle oscillation and fatigue for optimised performance.

FEATURES

- Engineered for team sports, efficient warm-ups and lower-intensity workouts
- White logos
- 77% Polyester, 23% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Team Sports
- Track and Field
- Long and Short Runs
- Strength Training
- Gym



9001 - BLACK

● ○ ●



9005 - WHITE

● ○ ●



9010 - NAVY

● ○ ●



9006 - SKY BLUE

● ○ ●



9041 - RED

● ○ ●



2900 - NEUTRAL (AU ONLY)

● ○ ●



2041 - BRIGHT BLUE

● ○ ●

BLACK - S000100029001

WHITE - S000100029005

NAVY- S000100029010

SKY BLUE - S000100029006

RED - S000100029014

NEUTRAL - S000100029002

BRIGHT BLUE - S000100022041

- NEW PRODUCT

● NEW COLOUR

● CARRY OVER PRODUCT

○ CARRY OVER COLOUR
- HIGH COMPRESSION

● MEDIUM COMPRESSION

○ LIGHT COMPRESSION

SERIES 1 - MENS COMPRESSION

LONG SLEEVE TOP



Available Sizes: S, M, L, XL, XXL
Available Colours: BLACK, WHITE, NAVY, SKY BLUE, RED, BRIGHT BLUE

BLACK - S000100059001
WHITE - S000100059005
NAVY - S000100059010
SKY BLUE - S000100059006
RED - S000100059014
BRIGHT BLUE - S000100052041

Our medium compression long-sleeve top is engineered to maximise your output during lower-intensity activity and offer faster pre-workout muscle warm-ups. Focused compression on the arms reduces damaging muscle oscillation and increases awareness of limb placement, enabling you to perform with precision.

- FEATURES**
- Engineered for team sports, efficient warm-ups and lower-intensity workouts
 - White logos
 - 77% Polyester, 23% Elastane
 - Manufactured in Madagascar

- WHEN TO WEAR**
- Team Sports
 - Racket Sports
 - Track and Field
 - Long and Short Runs
 - Strength Training
 - Gym



9001 - BLACK

● ○ ●



9005 - WHITE

● ○ ●



9010 - NAVY

● ○ ●



9006 - SKY BLUE

● ○ ●



9014 - RED

● ○ ●



2041 - BRIGHT BLUE

● ○ ●

- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR
- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION





WOMENS / COLLECTIONS



SERIES 5



PERFECT PERFORMANCE

THIS IS OUR ELITE RANGE, A NEW GENERATION OF HIGH PERFORMANCE COMPRESSIONWEAR.

SERIES 5 focuses on dynamic, explosive activities - sprinting, power lifting, crossfit, obstacle course racing, rugby, football and more. Anything where you need a strong wrapping of the muscles to form the foundations of the explosive movements.

The sophisticated panelling wraps the muscles, limiting damage from muscle vibrations and assisting the acceleration of blood back to the heart.

The result is a faster, fitter, higher performing you. Engineered to maximise performance in both competition and training.

SKINS™

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TALL



SERIES 5 - WOMEN'S COMPRESSION SKYSCRAPER TIGHTS

Available Sizes: XS, S, M, L, XL

Available Colours: BLACK, NAVY, CHARCOAL

Featuring a high waist to hold the tum and shape the bum, SKINS SERIES-5 Skyscraper Tights are engineered with our highest level of compression to promote maximum blood-flow and muscle support. A reduction in muscle vibration and distortion during activity increases comfort to improve performance.

FEATURES

- Our highest level of compression for reduced fatigue and increased performance – High waist for a figure-hugging cut
- Rear waistband pocket for phone or cards
- Gold reflective logos
- 76% Nylon 6.6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Strength Training
- Long and Short Runs
- Ice Hockey
- American Football
- Dynamic Yoga and Pilates



NAVY- SF40501089010

BLACK - SF40501089001

CHARCOAL - SF40501089118



9001 - BLACK



9010 - NAVY



9118 - CHARCOAL



● NEW PRODUCT

○ NEW COLOUR

● CARRY OVER PRODUCT

○ CARRY OVER COLOUR

● HIGH COMPRESSION

● MEDIUM COMPRESSION

○ LIGHT COMPRESSION



SERIES 5 - WOMEN'S COMPRESSION
LONG SLEEVE TOP

Available Sizes: XS, S, M, L, XL
Available Colours: BLACK, NAVY, CHARCOAL

most intense sessions with SKINS SERIES-5 Long Sleeve Top. Enabling you to train longer and recover quicker across everything from gym work and obstacle courses to field and racket sports. Our highest level of compression is focused on the arms to maximise chest expansion and assist blood return to the heart while delivering essential support to the forearms and biceps.

FEATURES

- Our highest level of compression for reduced fatigue and increased performance
- Mesh panels on thorax and spine for maximum comfort, wicking and temperature regulation
- Gold reflective logos and stitch seam
- 76% Nylon 6.6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Racket sports
- Obstacle courses
- Track and field
- Strength training
- Gym



BLACK - SF40500059001
NAVY- SF40500059010
CHARCOAL -



9001 - BLACK



9010 - NAVY



9118 - CHARCOAL



- | | |
|--------------------|--------------------|
| NEW PRODUCT | HIGH COMPRESSION |
| NEW COLOUR | MEDIUM COMPRESSION |
| CARRY OVER PRODUCT | LIGHT COMPRESSION |
| CARRY OVER COLOUR | |



WOMENS SERIES 3



Designed for the dedicated athlete striving for new levels of excellence. Inspired by and developed from the patterns of our most successful design to date, SERIES-3 is the next generation of A400.

A must-have for those who demand more from themselves and strive for excellence under pressure.

SKINS™

SERIES 3

T&R LONG TIGHT

RECOVER IN STYLE

Recovery tights for both Travel & Recovery.

Offering our medium recovery compression profile combined with a high-waist for both comfort and creating a slimming silhouette, making them perfect for downtime and periods of recuperation.

Developed to get you back on track by reducing muscle soreness.

SERIES-3 is our running, fitness and lifestyle compression range. The SERIES is based on the A400 technology with tweaks in the waistband and panelling.

This recovery garment provides a medium level of compression to match the target activities of SERIES-3. This garment should be worn for 3-5 hours post training or competition.

This garment accelerates recovery by assisting in the flushing of the muscles, reducing the negative effects of lactic acid and promoting the increase flow of blood to remove any damage done.

This in turn reduces any negative effects of delayed muscle soreness (DOMS) which means you feel better sooner, recover faster and are physically and mentally ready to train and compete.

This is a re-generation suit for runners, athletes and those enjoying fitness activities.

These recovery tights can be worn comfortably under shorts, trackpants/trousers or on their own.



**ACCELERATES
CIRCULATION**



ANTIMICROBIAL



**MOISTURE
MANAGEMENT**



**SUN PROTECTION
FABRIC**



REFLECTIVE

SERIES 3 - WOMEN'S COMPRESSION

T&R LONG TIGHTS



BLACK - ST40300399001
LT. TEAL ANGLE - ST40300399121

Available Sizes: XS, S, M, L, XL
Available Colours: BLACK, LT TEAL ANGLE

Assisting with removing lactic acid from tired muscles, SKINS SERIES-3 Travel and Recovery Tights are designed to be worn straight after activity for optimum results. Offering a medium recovery compression profile, they'll also assist the body to reduce fluid build-up during extended travel.

FEATURES

- Medium compression profile for everyday comfort and support
- Designed to reduce lactic acid build-up and the risk of Deep Vein Thrombosis
- Silver reflective logos
- 76% Nylon 6, 24% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- -Travelling
- -Downtime Between Training and Competition
- -Cafés (socially acceptable recovery wear)
- Recovery from – Ice Hockey, American Football, Football, AFL, Road Running, Trail Running, Track and Field



9001 - BLACK



9121 - LT TEAL ANGLE



- | | |
|--------------------|--------------------|
| NEW PRODUCT | HIGH COMPRESSION |
| NEW COLOUR | MEDIUM COMPRESSION |
| CARRY OVER PRODUCT | LIGHT COMPRESSION |
| CARRY OVER COLOUR | |



TIGHTS





WOMENS SERIES 1

SKINS™

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MAXIMISE



SERIES 1 - WOMEN'S COMPRESSION LONG TIGHTS

Available Sizes: XS, S, M, L, XL

Available Colours: BLACK, WHITE, NAVY, SKY BLUE, RED, BRIGHT BLUE



BLACK - S040101199001
WHITE - S040101199005
NAVY - S040101199010
SKY BLUE - S040101199006
RED - S040101199014
BRIGHT BLUE - S040101192041

Our medium compression full-length tights are engineered to maximise your output during lower-intensity activity and offer faster pre-workout muscle warm-ups. Firm support for the glutes, quads and hamstrings reduces muscle oscillation and fatigue for optimised performance.

FEATURES

- Focused compression for increased performance and precision
- White logos
- 77% Polyester, 23% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Long and Short Runs
- Strength Training
- Team Sports
- Gym



9001 - BLACK



9005 - WHITE



9010 - NAVY



9006 - SKY BLUE



9014 - RED



2041 - BRIGHT BLUE



- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR
- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION



SERIES 1 - **WOMEN'S COMPRESSION**
LONG SLEEVE

Available Sizes: XS, S, M, L, XL

Available Colours: BLACK, WHITE, NAVY, SKY BLUE, RED, BRIGHT BLUE



BLACK - S040100059001

WHITE - S040100059005

NAVY - S040100059010

SKY BLUE - S040100059006

RED - S040100059014

BRIGHT BLUE - S040100052041

Our medium compression long-sleeve top is engineered to maximise your output during lower-intensity activity and offer faster pre-workout muscle warm-ups. Focused compression on the arms reduces damaging muscle oscillation and increases awareness of limb placement, enabling you to perform with precision.

FEATURES

- Focused compression for increased performance and precision
- White logos
- 77% Polyester, 23% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Racket Sports
- Track and Field
- Long and Short Runs
- Strength Training
- Team Sports
- Gym



9001 - BLACK



9005 - WHITE



9010 - NAVY



9006 - SKY BLUE



9014 - RED



2041 - BRIGHT BLUE



- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR
- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION

SKINS ESSENTIALS



SERIES 3 - UNISEX ACCESSORIES

MX CALF SLEEVE

Available Sizes: XS, S, M, L, XL
Available Colours: NAVY, BLACK, BLUE GREY, MARINE BLUE, RED, BLACK STARS



- NAVY - ST00330879010
- BLACK - ST00330879001
- BLUE GREY - ST00330870575
- MARINE BLUE - ST00330870576
- RED - ST00330879014
- BLACK STARS - ST00330870064

SKINS SERIES-3 MX Calf Sleeves add the compression kick you need to go the extra mile. Constructed for both men and women, they merge our best compression tech with durable high-tech fabrics to support and stabilise the lower leg for reduced risk of injury and optimal comfort.

- FEATURES
- Silver reflective logos
 - 77% Polyester, 23% Elastane
 - Manufactured in Madagascar

- WHEN TO WEAR
- Track and Field
 - Road Running
 - Trail Running
 - Strength Training
 - Gym



9010 - NAVY

● ○ ●



9001 - BLACK

● ○ ●



0575 - BLUE GREY

● ● ●



0576 - MARINE BLUE

● ● ●



9014 - RED

● ● ●



0064 - BLACK STARS

● ● ●

- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR
- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION



SERIES 1 - UNISEX ACCESSORIES

ARM SLEEVE

Available Sizes: XS, S, M, L, XL

Available Colours: BLACK, NAVY, KHAKI, LT. TEAL, CHARCOAL, BLACK STARS



- BLACK - S000104069001
- WHITE - S000104069005
- NAVY - S000104069010
- SKY BLUE - S000104069006
- RED - S000104069014
- BRIGHT BLUE - S000104062041

Whether you need to amp-up your serve, stabilise your forearms or boost your biceps, SKINS SERIES-1 Unisex Arm Sleeves have you covered. Built around a medium compression profile, they are designed to promote enhanced muscle performance without restricting fluid movement.

FEATURES

- Targeted compression support reduces muscle oscillation and promotes precision movement
- White logos
- 77% Polyester, 23% Elastane
- Manufactured in Madagascar

WHEN TO WEAR

- Track and Field
- Long and Short Runs
- Team sports
- Gym
- Racket Sports



9001 - BLACK



9005 - WHITE



9010 - NAVY



9006 - SKY BLUE



9014 - RED



2041 - BRIGHT BLUE



- NEW PRODUCT
- NEW COLOUR
- CARRY OVER PRODUCT
- CARRY OVER COLOUR
- HIGH COMPRESSION
- MEDIUM COMPRESSION
- LIGHT COMPRESSION

ENHANCED



SKINS THE FACTS

PIONEERS

We are the pioneers of the sports compression market. The first movers.

MORE POWER

SKINS helps speed up the rate at which blood moved through the body so that a greater amount of oxygen could be transferred to the working muscles.
More oxygen, more power.

COMFORTABLE

SKINS improves running economy. Runners feel more comfortable in SKINS when running at tempo and they either run faster or run for longer.

REDUCES FATIGUE

SKINS reduces fatigue from impact damage.
When we run and move, the muscles vibrate. SKINS wrap the muscles, reducing vibration and early fatigue.

REDUCES INJURY

SKINS assists proprioception and reduces the risk of injury. As we get tired, the movement of the body can become distorted. Irregular movement by more than 10% increases the risk of injury dramatically. SKINS supports working muscles to keep everything on track.

RECOVERY

SKINS improves the recovery from sport and training. SKINS reduces muscle soreness and aid the re-circulation of the waste by-products associated with damaging exercise.

SKINSCOMPRESSION.COM